

# POMPALLIER

## CATHOLIC SCHOOL



# NEWSLETTER

### MISSION STATEMENT

Pompallier School is committed to the provision of quality education, inspired by the teachings of Jesus Christ. The Catholic Faith is expressed through the Mercy charism and values to make a positive difference in the community and environment. Pompallier Catholic School nurtures the development of each person's full growth, in a continuing tradition of excellence



## Special points of interest:

- School Photos Tues 9th/Wed 10th August
- Yr 3/4 Ripa Rugby at Toll Stadium 19th August
- PCS Cross Country Wed 24th August



## Greetings, Kia Ora, Talofa, Bula Vinaka, Konnichi wa, Dobrodošli, Sawa dee, Fáilte

Welcome back to term 3! We have 9 weeks ahead, full of wonderful learning experiences for our tamariki. I spent the first week with 22 boys who were playing rugby in Dargaville. Not the tropical holiday I possibly would have secretly desired, but boy did I have fun with this great group of young lads. Taking out 3rd place for the Taniwha tournament was a great achievement! I hope you also had a great break too, doing things that you love with your whanau.

I would like to take this opportunity to thank you, our school community, for your support at the end of term 2. It had certainly been a term full of emotional challenges for us as a staff.

We postponed Alexander Campbell-Lewis' special hair cutting fundraiser as we came together to support each other at the loss of one of our past students Finn Spaans. The support and love that you showed at this time was very humbling and on behalf of our school and the Spaans whanau, I would like to thank you for your donations, help and support. Please ensure that communication is at the forefront, and continue to talk together, if there are any concerns you have for your children that we can support you with or be aware of.

Alexander's hair cut has been rescheduled for Thursday 4th August, so we are all looking forward to that! He has been collecting sponsorship for Mrs Murray and we are excited to be able to support him in this generous step he is making to her and her whanau.

### SPEECHES

All senior students have received the topics for our speech competition at the end of term 2. Our year 4 to 8 students have set topics which they "argue" for or

against the topic, and the year 1 to 3 students have "open" topics. All students are encouraged to prepare and present a speech. For some of our students this is extremely challenging, and part of our role is to help nurture and grow their confidence as individuals. Students present their speeches in front of their peers and the finalists are selected. From there, the teachers buddy up and make the difficult decision of choosing 3 students to enter our school speech competition. Remember, this is a challenging task to choose 3 and we appreciate your support that the best choice is made on the day. Our school competition is taking place on Tuesday 6th September in the church at 11.30am. All welcome.

### SCHOOL PHOTOS

Always a favourite part of the school year—a record of our wonderful students and the classes that they are in. Due to the class sizes, this will go over two days Tuesday 9th August and Wednesday 10th August to finish off. Order forms will be sent out shortly. Thanks to Rochelle Lewis from Little Rock Photography, who does a wonderful job of our school photos.

### MARIA DAY

Get your diaries out as we come together to celebrate Maria Day on Monday 15th August. All of our significant women— Mum's, grandparents, aunties, nieces, sisters, parishioners, neighbours and friends are invited to join us for Mass and then a "pamper" session, followed by morning tea. Spread the word!

### MAIN POINTS OF INTEREST

Term 3 is another massive learning term for our students. We focus on the Olympic Games looking at specific language, culture, food, art, sports and skills as part of this. The students will take part in an opening ceremony where we celebrate who we are, and the cultures we represent. If you can share your culture with us, we would be very grateful. Watch this space for notification of the opening ceremony on Friday 5th August. Start hunting out those traditional costumes! Can't wait! Blessings on your journey, Kathryn Carey (Principal)

# Star of the Week



Pukeko	Leila Pereira, Kevin Vinod, Kurt Wilkinson and Josie Wright
Piwakawaka	Max Tye, Alyx Cutler and Kalani Tatana
Kea	Kaidence Knight and Lee Zion Tepania
Tui	James Nasr, MacKenzie Knight and Ben Thompson
Kakapo	Tyla Johnson and Tia Pereira
Te Kahu	Mateja Matijevich-Wiki and Jhaedyn Hunt

Congratulations to the above students who have stood out as a "star" in their classroom. They get a certificate and a Duffy book to take home. Keep up the great effort!

**We SHINE at PCS**

## CROSS COUNTRY

The students have been practicing at school for several weeks in preparation for our annual cross country competition. Again, we are holding it at the Schrafft Family Farm. We have a date pencilled in for Wednesday 24th August, and will confirm asap.

If you are willing to come along and help with supervision on the day, we would love to hear from you. It involves lots of cheering, lots of laughter and a great pair of gumboots!

We will be taking buses to the venue, which is on Okahu Road., but it is great to have some drivers too. A safety RAMS form will be completed for this event.

Our year 4 to 8 students who qualify, then head to the Central Zones competition, and we will be seeking some supervision help on the day too.

We are praying for great weather!

## SPECIAL CHARACTER COLUMN

Welcome back to term 3! It is our monthly PCS mass this coming Sunday 31<sup>st</sup> July - it is our absolute privilege that we have been invited to run and share the Sunday mass. We as a school are responsible for the readings, altar servers, music, offertory procession, welcoming and the shared kai after mass. Thank you to all the families who support us in different ways to ensure that we have a successful and enjoyable Mass.

Our Family Mass is scheduled for the end of week six Sunday 4<sup>th</sup> September. We invite all families and expect attendance once per term in support of your child's faith journey.

It is time again for us to move into a different strand for our Religious Education teaching and learning. We are moving into the Sacrament Strand, which builds on many of the ideas and contexts presented during the Church strand. The BIG IDEAS in this strand are:

- The Eucharist is the source and summit of our faith. It is the sustaining nourishment of receiving the presence of Christ with us
- Sacraments are a visible sign of Christ's presence with us.
- There are signs, symbols and actions specific to each of the seven sacraments
- Each sacrament nourishes, strengthens and expresses our faith and restores the tapu - holiness and mana - of all people
- The seven sacraments are the most important, but not the only, signs of God. We can also recognise the sacredness in each other as a person made in God's image

We are very blessed to have Father Sean involved in our school; this term he will be visiting our classrooms for half an hour a week on a Thursday. This week he started in Kiwi class, and will work his way through the classes as the term progresses. I know Father Sean has a lovely manner with our children, and a wealth of knowledge to share.

Many Blessings,  
Georgina Trewavas

# PRINCIPAL FOR THE DAY

## ATTENTION FUTURE UP AND COMING PRINCIPALS

It has been so great to see the students who have applied for this role and absolutely thrived with their leadership. Lots of chatter around this—and of course, it is so great to have another student interacting in the administration area!

If you too would like to have a turn at applying for "Principal for the Day", please apply in writing to Mrs Carey and your name will go in the draw to be announced at each assembly.

The previous Principal of the day will draw the names out of a hat at each assembly.

In your application, you may wish to include:

- Why you would be a good Principal,
- The positive learning that you are doing
- Any ideas that you may wish to implement in our school.

It has been great fun for me to have a "2nd in charge". I look forward to the applications!

Mrs Carey

# PTFA—FRIENDS OF THE SCHOOL

A summary to date of the funds that we have been using at school for 2016.

Library Shelving	\$1,038.85
Playground Fort	\$350.00
Resene Paints (Mural)	\$411.48

**TOTAL** **\$1800.33**

Our goal is to always spend any fundraising on the students at school. As you can see, the money has been spent on some wonderful projects to date. The children are benefiting from your hard work and support!

Our mural is looking amazing and our students are gaining some wonderful opportunities using their gifts and talents. We are hoping this project will be completed by the end of term 3.

Our next project is the walkway. We have been very lucky to have generous donations of soil and are planning a working bee to get the walkway up and running as an edible garden and a space for our children to enjoy. As a school we lack shade and play areas, so are open to any ideas that you would like to share. If you are able to lend a hand, please come and let us know. Many hands make light work.

The Quiz night funds will go towards the walkway development. We are painting the fence, building raised garden beds, erecting our mural when finished and making the walkway a safe and educational area for our children to enjoy.

This great team of people are always looking for helpers, so come in and see us if you are keen to be a part of fundraising for our great school!

A reminder, for safety of our children, please drive slowly in the carpark. No child is to leave the gate area unsupervised. Please do not park in the yellow lines.



PLEASE NOTE!! A friendly reminder to all drivers to STOP at the bottom of the hill when leaving our school drive into Eden Terrace. We prefer you to leave via Dominion Road if you are able to. Please leave by exiting onto Dominion Road and leave the hill clear for our pedestrians.

## July/August 2016

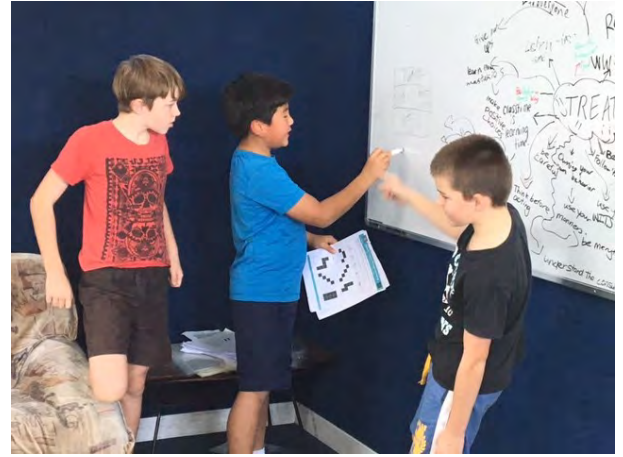
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wk1	25 First day back for term 3	26	27 Catholic Caring Mass Garth Project	28	29 Newsletter Whole School Mass	30	31
Wk2 AUG	1	2	3 Kiwi Sport	4 Alexander Hair cut	5 Olympics begin 'Opening Ceremony' Assembly	6	7
Wk3	8	9 School Photos	10 School Photos Garth Project Energise	11	12 Newsletter Yr 5-8 mini hockey	13 Quiz Night	14
Wk4	15 MARIA DAY "wear red" Significant ladies day	16	17 Kiwi Sport	18 CSO Board Training	19 Assembly	20	21
Wk5	22	23	24 Garth Project Energise PCS X-COUNTRY	25	26 DAFFODIL DAY Newsletter	27	28
Wk6 SEP	29	30	31 Kiwi Sport	1 Central Zones X Country Waipap	2 Assembly	3	4

This calendar gives you an idea of what is coming up during the term. Put the dates somewhere important to remember them. Dates can change at times, so please check this calendar each newsletter. If there are last minute changes we will notify you by text, so contact Helen in the office to ensure your correct details are recorded at school.

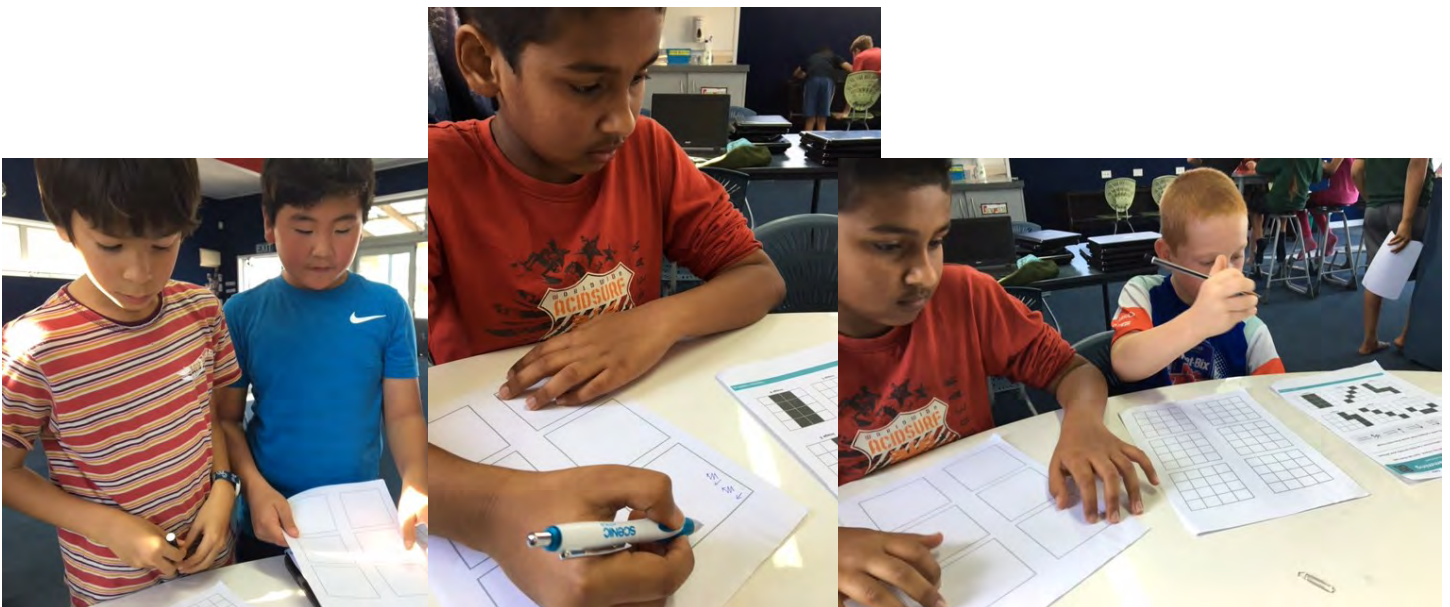
Whanau let us always remember to show whanaungatanga at Pompallier. Our theme is 'CHANGE' - Tuia te rangi e tu iho nei, Tuia te papa e takoto nei. Join sky above to earth below just as people join together. In the year of Mercy Pope Francis asks us to show Mercy to those around us. We pray for our families in need. Those in our school and community. May the Lord support and strengthen the journey that we are all on.



# coding club



Coding Club is all go at PCS! I was approached by Andrew Kim and Scott Haines in term 2 to start a coding club. Andrew had initially shown me a maths game that he had made. The learning has continued and is now being shared with those students who are keen. We have learnt how to animate a character in week one. This week we have started to make a maths game testing our basic facts. It is great fun and we are all learning lots. Mrs Carey is excited to see the maths games and is going to challenge the students. Lots of the students are making their own games at home too. Ask them about their great learning.



# Quizmas!

Quizmas will be fast upon us - we are only 2 weeks away! Thank you so much for the donations that have been delivered to school. We are in need of further donations of cake slabs from Cavaliers to go towards our dessert for the evening. We have freezer space at school to store these.

We have requested each family to donate a bag of chips, pretzels or nuts as nibbles for our evening. Thank you to the families who have bought these into school already. Please drop these off to Mrs. Trewavas in the Piwakawaka classroom.

We have had so many wonderful businesses donate in support of our school. We are incredibly thankful and grateful for the support. Check out these amazing prizes we have to offer:

All About Auctions - wine x8 and kitchenware  
Annah Stretton - 3x styling session at the Takapuna store, including a \$50 voucher  
Archibald Motors - Triple Diamond Gift Certificate with a free WOF check  
Auckland Zoo - Family Zoo Pass  
Bells - donation of all vegetables for our dinner  
Black Olive  
BOI Swordfish Club - \$100 dinner voucher  
Bushmans Hut - \$100 dinner voucher  
Café Jerusalem Kerikeri  
Chipmunks Albany - 3x children's passes  
Chipmunks Henderson - 12x children's passes  
Churchills Fine Meats Kerikeri - 2x salami  
Deirdre Jones  
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Doubtless Bay Beauty - Voucher for a pure Fiji back bliss ritual  
Essentially Flowers - gift vouchers  
Ezibuy - \$30 gift voucher  
Far North Honda - Free WOF check  
Flox - Artwork valued at \$150  
Flying Kiwi Parasail - 2x 1200ft parasail  
Fullers Great Sights BOI - 1 adult, 1 child Hole in the Rock voucher  
Georgie Trewavas Makeup Maven - Colour consult plus \$150 product voucher  
Harrisons Cape Runner - 2x Cape Runner day pass vouchers  
Harvey Norman - Cellphone Vodafone 655 bundle  
Healthy Food Guide Magazine - One year magazine subscription

Hunting and Fishing - Pink womens thermatech t-shirt  
Janine Eastwood Aloha Digital Marketing - 5 hours of digital marketing services  
JNL - \$750 of tri-board  
KaiOra Honey - 2x 500g jars of honey  
Karikari Estate - 2x bottles of wine  
Kat Holloway - signed rugby jersey from James Broadhurst  
Kate Clarke Empowered Health Coaching - Cut the Crap program with 4 sessions and associated products  
Kelly Tarltons - Family Pass  
Kiwi Gardener Magazine - 3x botanical spiral bound notebooks  
La Spa Naturale Paihia - Ultimate Body Bliss Package  
Laser Electrical  
Living Nature Kerikeri - gift box  
Local Refrigeration - quiz night trophies  
Louis Pretorious Biz-IT - 1x iPad  
Makana Confectionery - 2x chocolate box  
Mountain Landing Wines - Case of wine  
Northland Auctions - \$400 of surf attire  
Orana Motor Inn - \$75 dinner voucher  
Parakai Springs - 6x children's passes  
Paul Scutt - massage voucher  
Photobookshop - Vouchers for 1x A2 canvas and 1x 60page hardcover photo book  
R. Tucker Thompson - 2x adults' day pass  
Rachel and Oscar Devalli Abstract Hair - GHD and curl hold spray  
Retreatment Beauty - 2x massage vouchers  
Rochelle Lewis Little Rock Photography and Knead you know therapy - 1x 30min photo sitting plus photo, 1x one-hour relaxation therapeutic massage  
Salt Air - \$250 Hole in the Rock Scenic Voucher  
Spotlight \$20 gift voucher  
Stan Day at Club Physical - \$150 gym voucher  
Te Ahu Cinema - movie tickets  
The Body Shop - Gift pack  
Vodafone Warriors - Signed rugby ball  
Whittaker's Chocolate - Box of chocolates  
Xavier Dromgool - Services for the kill of one beast



# CHILDREN'S FOOD AND DRINK SURVEY



Dear Parents/Caregivers

This survey is being conducted by Project Energize, Sport Northland with the help of your school. We want to find out about Northland school children's eating habits. This will help us develop the project and track improvements over time. You can help us by completing the survey.

When answering these questions, please think about what your child usually eats. Remember to think about all meals, as well as snacks and those times when you are out or at other people's homes.

If you have more than one child at school please answer for one of them.

All information from this survey will remain non-identifiable. Ethnicity and age related questions are for reporting purposes.

Please print clearly and complete page 1 and 2. Then when finished, give it to your child to return to school the next day.

If you would like further information about Energize and this survey, please either contact your school, or Energize directly - phone 09 437 9616. Thanks for completing the survey - your time is really appreciated.

Warm regards

*Sport Northland Energizers*

Sport Northland

## EXAMPLE QUESTION:

In a week, how many times does your child usually eat eggs?

(circle one number)

0 1 2 3 4 5 **6** 7 per week

## BEGIN HERE...

### School, Age, Gender & Ethnicity

School Name:

How many years old is your child? (circle one) 5 6 7 8 9 10 11 12 13 14

Are they a boy or a girl? (tick one)  Boy  Girl

Which ethnic group or groups do they belong to? (tick one or more group(s) they belong to)

- NZ European  Maori  Samoan  Cook Island Maori  Tongan  Niuean  
 Chinese  Indian  Other (please specify):

PAGE 1 OF 2 - PLEASE TURN OVER

All surveys that are returned by next Friday 5th August will receive 5 House Points!!!



# CHILDREN'S FOOD AND DRINK SURVEY



## Questions 1-3 are about BREAKFAST

1. How many days in an average week (Mon-Sun) does your child have something to eat for breakfast?

(circle one) 0 1 2 3 4 5 6 7 per week

2. Where do they usually eat breakfast?

(tick one)  At home  On the way to school  Supplied by school

3. Thinking back over the past week (past 7 days), how many times did your child have breakfast at home?

(circle one) 0 1 2 3 4 5 6 7 in past 7 days

## Questions 4-5 are about LUNCH

4. Over the past 5 school days, how often did your child bring his/her lunch to school from home?

(circle one) 0 1 2 3 4 5

5. When your child takes lunch to school from home, what do they usually take? (tick one or more)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> My child usually buys their lunch at school | <input type="checkbox"/> Pizza, burger, chips, fried foods           | <input type="checkbox"/> Yoghurt                |
| <input type="checkbox"/> My child buys their lunch at a shop         | <input type="checkbox"/> Crackers and cheese/dip                     | <input type="checkbox"/> Chippies, rashuns, etc |
| <input type="checkbox"/> Dried fruits or nuts eg. raisins            | <input type="checkbox"/> Fruit strings, rollups, squirts             | <input type="checkbox"/> Instant noodles        |
| <input type="checkbox"/> Fruit or veges                              | <input type="checkbox"/> Muesli bar, biscuit, cake, chocolate muffin |   |
| <input type="checkbox"/> Sandwich, wrap, roll, bagel                 | <input type="checkbox"/> Other <input type="text"/>                  |   |

## Questions 6-9 are about the FOOD and DRINK your child has in a usual day

6. How many servings of FRUIT does your child usually eat in one day?

(a serving is a handful. Can be fresh, frozen, canned or stewed fruit)

(circle one) 0 1 2 3 4 5 6 7+ per day

7. How many servings of VEGETABLES does your child usually eat in one day?

(a serving is a handful. Can be fresh, frozen or canned. Do not count fries or hot chips)

(circle one) 0 1 2 3 4 5 6 7+ per day

8. How many servings of PLAIN WATER does your child usually drink in one day?

(a serving is a medium size glass - 250ml)

(circle one) 0 1 2 3 4 5 6 7+ per day

9. How many servings of PLAIN MILK does your child usually drink in one day?

(a serving is a medium size glass - 250ml)

(circle one) 0 1 2 3 4 5 6 7+ per day

## Questions 10-13 are about the FOOD and DRINK your child had in the past 7 days

10. In the past 7 days, how many times did your child eat SNACKS like chippies, cake, biscuits, chocolate and lollies?

(enter a number 'x')

11. In the past 7 days, how many times did your child eat any food purchased from a FAST FOOD place or TAKEAWAY shop?

(eg. hot chips/fries, fried chicken, burgers, pizza, fish n' chips)

(enter a number 'x')

12. In the past 7 days, how many times did your child have a FIZZY or SOFT DRINK such as cola or lemonade?

(eg. sports drinks, energy drinks, soda stream, lemonade, cola, fanta)

(enter a number 'x')

13. In the past 7 days, how many times did your child have a JUICE or FRUIT DRINK?

(eg. cordial, raro, E2, Just Juice)

(enter a number 'x')

**Thank you! Please now return this survey to school. Your child can give it to their teacher**



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